

---

**Caregiver**

---

**2019**

**IQCS**

## First written test

Caregiver

Field	Care area	Qualification	Caregiver	Valid date	2019
Exam type	Multiple choice/ Short answer	No. of Ques.	1 <sup>st</sup> 40 multiple questions	Exam hour	90 minutes
Title	Sub title	Detail		No. of Ques.	Distribution
Caregiver Job qualifications	1. Career ethics of caregiver	<ul style="list-style-type: none"> <li>• Concept of work ethic</li> <li>• The role of a caregiver</li> <li>• Attitude as a caregiver</li> </ul>		2	20%
	2. Effective communication	<ul style="list-style-type: none"> <li>• Definition and Importance of communication</li> <li>• Communication manners</li> <li>• Understanding effective communication methods</li> <li>• Conversation Methods and Environments for conversation</li> <li>• Communication examples</li> <li>• Control own emotions</li> </ul>		2	
	3. Organization and compliance of medical institutions	<ul style="list-style-type: none"> <li>• Concept of organization</li> <li>• Organizational Structure of Medical Institutions</li> <li>• The workforce of medical institutions</li> <li>• Understanding of medical institution's rules</li> <li>• Methods for the use and management of facilities in medical institutions</li> </ul>		2	
	4. Stress management	<ul style="list-style-type: none"> <li>• Understanding stress</li> <li>• Symptoms caused by stress</li> <li>• Method of reducing stress</li> </ul>		2	
Basic caregiver	1. Vital signs management	<ul style="list-style-type: none"> <li>• Daily checks</li> <li>• Body temperature</li> <li>• Blood pressure</li> <li>• Pulse</li> <li>• Breath</li> <li>• Blood sugar test</li> </ul>		3	40%
	2. Nutrition of the elderly	<ul style="list-style-type: none"> <li>• Changes caused by aging</li> <li>• Characteristics of meals and intake of nutrition</li> </ul>		1	
	3. Hygiene maintenance	<ul style="list-style-type: none"> <li>• Understanding of hygiene</li> <li>• Oral hygiene care</li> <li>• Facial hygiene care</li> <li>• Hand hygiene and foot hygiene care</li> <li>• Bath care</li> </ul>		3	
	4. Meals care	<ul style="list-style-type: none"> <li>• Types of meals</li> <li>• Daily food care</li> <li>• Dysphagia diet care</li> <li>• Precautions for care of meals</li> </ul>		3	

Field	Care area	Qualification	Caregiver	Valid date	2019
Exam type	Multiple choice/ Short answer	No. of Ques.	1 <sup>st</sup> 40 multiple questions	Exam hour	90 minutes
Title	Sub title	Detail		No. of Ques.	Distribution
	5. Urination and defecation care	<ul style="list-style-type: none"> <li>• Understanding of urination</li> <li>• Understanding of defecation</li> <li>• Care for toilet user</li> <li>• Excretion care for not using diapers</li> <li>• Care for diaper user</li> <li>• Helping special excretion</li> </ul>		3	
	6. Safety management	<ul style="list-style-type: none"> <li>• Care of body position change</li> <li>• Movement assistant care</li> <li>• Joint exercise</li> <li>• Fall prevention</li> <li>• Burn prevention</li> <li>• Prevention of airway closure</li> <li>• Infection management</li> </ul>		3	

## 2<sup>nd</sup> practical test

Field	Care area	Qualification	Caregiver	Valid date	2019
Exam type	Short answer	No. of Ques.		Exam hour	120 minutes
Title	Sub title	Detail		No. of Ques.	Distribution
Basic caregiver	1. Vital signs management	<ul style="list-style-type: none"> <li>• daily checks</li> <li>• Body temperature measurement</li> <li>• Blood pressure and pulse measurement</li> <li>• Respiratory measurement and reporting</li> <li>• Blood sugar test</li> </ul>		4	50%
	2. Nutrition of the elderly	<ul style="list-style-type: none"> <li>• Changes caused by aging</li> <li>• Characteristics of meals and intake of nutrition</li> </ul>		2	
	3. Hygiene maintenance	<ul style="list-style-type: none"> <li>• Understanding of hygiene</li> <li>• Oral hygiene care</li> <li>• Facial hygiene care</li> <li>• Hand hygiene and foot hygiene care</li> <li>• Bath care</li> </ul>		4	
	4. Meals care	<ul style="list-style-type: none"> <li>• Types of meals</li> <li>• Daily food care</li> <li>• Dysphagia diet care</li> <li>• Precautions for care of meals</li> </ul>		3	
	5. Urination and defecation care	<ul style="list-style-type: none"> <li>• Understanding of urination</li> <li>• Understanding of defecation</li> <li>• Care for toilet user</li> <li>• Excretion care for not using diapers</li> <li>• Care for diaper user</li> <li>• Helping special excretion</li> </ul>		3	
	6. Safety management	<ul style="list-style-type: none"> <li>• Care of body position change</li> <li>• Movement assistant care</li> <li>• Joint exercise</li> <li>• Fall prevention</li> <li>• Burn prevention</li> <li>• Prevention of airway closure</li> <li>• Infection management</li> </ul>		4	
Professional care	1. Parenteral dietary care	<ul style="list-style-type: none"> <li>• Pre-meals care</li> <li>• Post-meal care and medication care</li> <li>• Precautions</li> </ul>		4	50%
	2. Wound management	<ul style="list-style-type: none"> <li>• Basic wound management</li> <li>• Bedsore management</li> <li>• Diabetic foot management</li> </ul>		5	
	3. Respiratory management	<ul style="list-style-type: none"> <li>• Artificial airway management</li> <li>• Suction methods</li> <li>• Respiratory therapy</li> </ul>		4	
	4. Severe dementia patients management	<ul style="list-style-type: none"> <li>• Basic dementia patient care</li> <li>• Daily life management</li> <li>• Dementia patient problem behavior management</li> <li>• Use of restraint</li> </ul>		5	
	6. Terminal patient care	<ul style="list-style-type: none"> <li>• Important problems for terminally ill patients</li> </ul>		2	