
Care Manager

2019

IQCS

First written test

Care manager

Field	Home Care area	Qualification	Care Manager	Valid date	2019
Exam type	Multiple choice/ Short answer	No. of Ques.	1 st 40 multiple questions	Exam hour	90 minutes
Title	Sub title	Detail		No. of Ques.	비율 Distribution
Care management instruction	1. Care management related systems and services	• The concept of social welfare • Senior welfare service • Social insurance		1	12.5%
	2. Care management work	• Purpose of care management • Principle of care management service provision • Role of care manager			
	3. Occupational ethics and self-management of care manager	• Occupational ethics of care manager • The ethical attitudes and problems of care manager • The protection of human rights and prevention of abuse by the elderly • Health and safety management of care manager		2	
	4. Understanding the recipients of care management	• Old age characteristics • Elderly and family relations • Elderly support problems and solutions		2	
Basic knowledge related to care management	1. Physical and psychological changes and diseases caused by aging	• Digestive system • Respiratory system • Cardiovascular system • Musculoskeletal system • Urinary, genital system • Skin system • Nervous system • Sensory system • Endocrine system • Psychology, psychology system		4	15%
	2. Aged pain	• Cause and effect of pain		1	
	3. Health promotion and disease	• Nutrition • Exercise • Sleep		1	

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	prevention of the elderly	- Safe environment - Sex life - Drug - Ant alcoholism and No smoking - Rules for the safety of life by season			
Basic care management particulars	1. physical activity support	- Helping meals, nutrition, and medication - Excretion - Personal hygiene and environmental management - Body position change and movement - Infection and safety management - Using welfare equipment		16	55%
	2. Support for housework and daily life	- Principle of daily life support - Meal preparation and nutrition management - Hygiene management of food, tableware, etc. - Clothing and bed cleanliness management - Laundry - Helping out and supporting daily work - Comfortable residential environment management		2	
	3. Communication and leisure support	- Efficient communication - Situation-specific communication methods - Helping with leisure		2	
	4. Long-term care service support	- Procedures and support for long-term care services - Connection with local health welfare business - Case meetings and discussion		1	
	5. Records of care	- Records of care management - Reports on work		1	

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	management and reports on work				
Special care management particulars	1. Dementia care management Technology	• Daily support for people with dementia • Coping with problem behavior of people with dementia • Communication with the dementia people • Cognitive stimulation training		4	17.5%
	2. Death and hospice care management	• Death and dying phase • Hospice • The care of the dying and their families		1	
	3. First aid technique	• First aid • Suffocation • Convulsions • Burn • Fracture • Fire • Bleeding • Cardiopulmonary resuscitation • Using automated external defibrillator		2	

2nd practical test

Care Manager

Field	Home Care area	Qualification	Care Manager	Valid date	2019
Exam type	Practice using machine	No. of Ques.		Exam hour	120 minutes
Title	Sub title	Detail		No. of Ques.	Distribution
Care management introduction	1. The purpose and function of care management	Basic principles of care management		2	
	2. Occupational ethics and attitudes of care manager	Code of Ethics and professional attitude of care manager		2	
Basic knowledge related to care management	1. Medical and nursing basic knowledge	Check the basic health condition of the elderly		6	
Basic care management particulars	1. Basic care management technique	- Ingestion care management - Help meals (Oral, parenteral) - Help with medication and keep medicine - Excretion care management - Helping to use the restroom - Helping to excrete on the bed - Helping to use the movable toilet - Helping with diapers - Helping to use catheter-associated urinary tract - Personal hygiene and environmental care management - Helping clean the mouth, hair, hands, feet, and perineum - Helping to wash face and bathe - Change clothes - Keeping a pleasant environment such as bedding cleanliness - Body position change and movement care management - Helping to move on the bed - Helping to move wheelchairs - Helping to walk (self, instrument) - Helping with transport – helping with movement using the machine - Safety and infection-related care management - Prevent fall / slip - infection prevention - Pressure ulcer prevention - absorption to maintain airway		16	
	2. Support for housework and daily life	The purpose, function and basic principles of support for daily life		2	

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Title	Sub title	Detail		No. of Ques.	Distribution
		- Meal preparation and nutrition management - Hygiene management of food, tableware, etc. - Cleanliness management and laundry of clothing and bedding - Helping out and supporting daily work - Maintaining comfortable residential environment			
	3. Communication and leisure support	- Efficient communication - How to build communication and rapport - Helping with leisure activities		2	
	4. Service use support	- Care management recipient, identification of location characteristics and services - Change of plan - Support - Connectivity of other occupations and other services - Work reporting meeting, case review meeting		1	
	5. Records and reports of care management work	- The purpose and importance of records and reporting - How to record work diaries - Work reporting method		1	
Special care management particulars	1. Dementia care management Technology	- Daily support for people with dementia - Meals of people with dementia care management - Excretion of people with dementia care management - hygiene of people with dementia care management - Care management for people with dementia during exercise - Safety care management of people with dementia - Coping with the Problem Behavior of people with dementia - Care management for repetitive questions / repetitive behavior of people with dementia - Care management for overeating / refusal of food / eating non-food items behavior of people with dementia - Care management for people with dementia in sleep disorder - Care management for wandering behavior of people with dementia - Care management for suspicion / oblivion / hallucination behavior of people with dementia		4	

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		- Care management for destructive behavior of people with dementia - Care management for sundown phenomenon behavior of people with dementia - Care management for inappropriate sexual behavior of people with dementia • Communication with the dementia people			
	2. Death and hospice care management	• Death care management		1	
	3. First aid technique	First aid - Suffocation - Convulsions - Burn - Fracture - Fire • Basic resuscitation		2	